

B.S. DIETETICS (Comprehensive Major)
 FOUR YEAR CURRICULUM GUIDE 2025-2026
 DEPARTMENT OF: HEALTH SCIENCES

Year 1	Fall Semester			Year 1	Spring Semester	
Course #	Title	Cr.		Course #	Title	Cr.
CHEM 103	GENERAL CHEMISTRY (CORE 1)	4		CHEM 104	GENERAL CHEMISTRY	4
COM 101	HUMAN COMMUNICATION (CORE 2)	3		DIET 230	FOOD SCIENCE	3
DIET 130	PRINCIPLES OF FOOD & MEAL PREPARATION	3		ENG 102	ENGLISH COMPOSITION II (CORE 5)	3
ENG 101	ENGLISH COMPOSITION (CORE 3)	3			CORE 6	3
	CORE 4	3		MGT 240	INTRO TO MANAGEMENT	3
	TOTAL	16			TOTAL	16

Year 2	Fall Semester			Year 2	Spring Semester	
Course #	Title	Cr.		Course #	Title	Cr.
BIO 222	H.S. ANATOMY & PHYSIOLOGY I	4		BIO 223	H.S. ANATOMY & PHYSIOLOGY II	4
CHEM 307	ORGANIC CHEMISTRY	3		DIET 213	SOCIETY'S INFLUENCE ON BODY IMAGE AND EATING	3
CHEM 307L	ORGANIC CHEMISTRY LAB	1		DIET 320	HUMAN NUTRITION	3
DIET 210	INTRO TO DIETETICS	3		DIET 250	FOODSERVICE MANAGEMENT, SAFETY & SANITATION	3
PSYH 101	INTRO TO PSYCHOLOGY (CORE 7)	3		MATH 108	INTRODUCTORY STATISTICS (CORE 8)	3
	TOTAL	14			TOTAL	16

Year 3	Fall Semester			Year 3	Spring Semester	
Course #	Title	Cr.		Course #	Title	Cr.
BIO 201	MOLECULAR CELLULAR LIFE (CORE 9)	4		DIET 370	COMMUNITY NUTRITION (sp. even years only)	3
CHEM 429	BIOCHEMISTRY	3		DIET 385	ADVANCED NUTRITION	3
DIET 350	QUANTITY FOOD PURCHASING & PRODUCTION	3			CORE 11	3
	CCI CORE 10	3			CORE 12	3
					CORE 13	3
	TOTAL	13			TOTAL	15

Year 4	Fall Semester			Year 4	Spring Semester	
Course #	Title	Cr.		Course #	Title	Cr.
DIET 360	LIFECYCLE NUTRITION	3		BIO 340	MICROBIOLOGY	4
DIET 395	VITAMINS & MINERALS	3		DIET 330	NUTRITION COUNSELING SKILLS	3
DIET 400	NUTRITION & DISEASE I	3		DIET 425	NUTRITION AND DISEASE II	3
EXS 309	PHYSIOLOGY OF EXERCISE	3			CORE 14	3
HS 360	RESEARCH IN HEALTH SCIENCES	3			CORE 15	3
	TOTAL	15			TOTAL	16

121 hours